

## WORKSHOP SCHEDULE

8:45 a.m.	Registration
9:00	<b>Introduction</b>
9:10	<b>Fetal and Maternal Monitoring Equipment</b>
9:30	<b>Baseline Characteristics</b>
10:00	Break
10:20	<b>Baseline Characteristics</b> (continued)
11:30	<b>Periodic/Episodic Changes</b>
12:00 p.m.	Lunch (on your own)
1:00	<b>Periodic/Episodic Changes</b> (continued)
2:00	<b>Pattern Recognition</b>
2:30	Break
2:45	<b>Antepartum Testing</b>
3:00	<b>Documentation Dilemmas</b>
4:00	Evaluation and Closing

### University of Iowa Hospitals & Clinics Faculty:

**Jeana Forman**, MSN, RNC-OB, C-EFM, C-FMC, Nursing Practice Leader, Labor and Delivery, Children's and Women's Services, Department of Nursing

**Amy Dunbar**, BSN, RNC-OB, C-EFM, Obstetric Nurse Specialist, Iowa Statewide Perinatal Care Program, Department of Pediatrics

**Amy Sanborn**, DNP, RNC-EFM, Staff Nurse, Labor and Delivery, Children's and Women's Services, Department of Nursing

**Julie Zimmerman**, MSN, RNC-OB, C-EFM, Clinical Practice Leader, Labor and Delivery, Children's and Women's Services, Department of Nursing

Schedule and speakers are subject to change. Faculty are staff of UI Healthcare unless otherwise indicated.



University of Iowa Health Care

University of Iowa Hospitals & Clinics  
Department of Nursing  
200 Hawkins Drive  
Iowa City, IA 52242-1009

### CE Nursing Continuing Education

#### Basic Fetal Monitoring Workshop

February 28, 2023	August 1, 2023
March 28, 2023	August 29, 2023
May 2, 2023	September 26, 2023
June 6, 2023	December 5, 2023
June 27, 2023	

NURSING CLINICAL EDUCATION CENTER  
4 WEST, GENERAL HOSPITAL  
UNIVERSITY OF IOWA HOSPITALS & CLINICS  
IOWA CITY, IA



# Basic Fetal Monitoring Workshop

## CE NURSING CONTINUING EDUCATION

This workshop is designed to provide basic information for obstetrical nurses on the use of fetal monitoring in the care of patients.

### 2023 PROGRAM OFFERINGS

February 28, 2023	August 1, 2023
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200 HAWKINS DRIVE  
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Sponsored by:  
Department of Nursing Services and Patient Care  
IBN Approved Provider #34



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## GENERAL INFORMATION

### Purpose:

This workshop is designed to provide basic information for obstetrical nurses on the use of fetal monitoring in the care of patients. Discussion will include methods of fetal monitoring, recognition of changes and interventions to assist in the management of patients. Documentation issues and methods of antepartum testing will be included.

### Nursing Credit:

**5.4 contact hours** will be granted by UI Hospitals & Clinics Department of Nursing (IBN Approved Provider #34).

Participants must attend the entire program to receive full credit.

### Intended Audience:

Licensed nurses, providers and physicians.

### Educational Objectives:

Upon completion of this program, learner should be able to:

- Discuss external and internal methods of monitoring fetal heart rate and uterine activity.
- Identify characteristics of fetal heart rate baseline and periodic and episodic changes using National Institute of Child Health and Human Development (NICHD) terminology.
- Identify fetal heart rate patterns requiring interventions.
- Review fetal heart rate patterns and uterine activity and discuss appropriate interventions.
- Discuss documentation and communication of electronic fetal monitoring.
- Describe methods of antepartum testing for the evaluation of fetal well-being.

**To register after the deadline date, please call 319-356-1238 to find out if there is seat availability. Registration after the deadline may be declined if space is already filled.**

## REGISTRATION

### Registration:

- Preregistration is required
- Online registration only
- Credit card payments only
- Registration is through UI Carver College of Medicine CloudCME

**CloudCME Registration Link:** <https://uiowa.cloud-cme.com>

In the yellow menu bar click **Live Courses**

In the **Browse By** section, select:

- **Obstetrics and Gynecology** under Specialties
- **Nurse** under Profession

Click **Find Courses**

Click **Register** on the desired course

*You will need to set up an account if you are a first time user, or 'sign in' if you already have a CloudCME account*

### Session

- February 28, 2023
- March 28, 2023
- May 2, 2023
- June 6, 2023
- June 27, 2023
- August 1, 2023
- August 29, 2023
- September 26, 2023
- December 5, 2023

### Deadline

- February 7, 2023
- March 7, 2023
- April 11, 2023
- May 16, 2023
- June 6, 2023
- July 11, 2023
- August 8, 2023
- September 5, 2023
- November 14, 2023

### Workshop Fee:

- **UIHC OB Nurses or UIHC Family Medicine Nurses: No fee**
- **UIHC All Other Staff: \$40**
- **Non-UIHC Staff: \$117** (includes workshop materials, parking and nursing CE credit) A \$20 non-refundable late fee will be assessed for all registrations made after the deadline.

**Class Minimum:** Minimum of 3 registered attendees required to hold the class. If minimum is not met, attendees may transfer registration to a future course.

**Refund:** Full (minus \$20 cancellation fee) if notification received 3 days prior to the program. Substitutions are permitted at any time.

### Location & Parking:

Due to fluctuations in room temperature, we recommend you dress accordingly for your personal comfort.

The Nursing Clinical Education Center is located on 4 West, General Hospital in UI Hospitals & Clinics (elevator B to 4<sup>th</sup> floor, west at compass on floor). Maps of the Hospital and Iowa City area can be obtained on the web at <http://www.uihc.org/Your-Visit>.

Parking is available in Hospital Parking Ramps 1, 2, or 3. Parking passes will be issued at registration for external participants only. No need to bring parking transaction ticket with you.

Participants should enter the Hospital through the main entrance and inquire at the Information Desk for directions to the classroom.



## INFORMATION & UPCOMING CE OFFERINGS

Visit our website for program information and brochures.  
[uihc.org/nursing-continuing-education-schedule](http://uihc.org/nursing-continuing-education-schedule)

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at [nursingcontinuing@uiowa.edu](mailto:nursingcontinuing@uiowa.edu) or at **319-356-1238**.

The UI Hospitals & Clinics Department of Nursing's continuing education programs are developed under the supervision of Lou Ann Montgomery, PhD, MAN, RN, NPD-BC, RN-BC, FAAN.

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Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.